# Acupuncture point therapy diagram

2 times per day for 30 minutes, and it shall have an effect after continuous two weeks!





# Combine low frequency with the acupuncture points therapy

# Select P1 3C phubbing

Suggested pad location:

#### Fengchi

The main acupuncture point in the head, which can increase the elasticity of blood vessel of brain, enhance the cerebral blood flow circulation, thus to improve the partial pathological reaction of limbs and five sense organs; meanwhile, it also an important acupuncture point to link with brain, eyes and veins, to cure the diseases in the head, brain, five sense organs and neck.



# Select P4 Always sit or stand for a long time

#### Suggested pad location:

#### Yinmen

An effective acupuncture point to treat sciatica, which can improve soreness in the waist and back, thigh pain, soreness in the lower body and leg cramps, as well as improve the vital energy and blood circulation!



# Select P3

#### Carpal tunnel syndrome

Suggested pad location:

#### Yangchi

Good therapeutic effect for wrist sprain or arms pain, so Yangchi (SJ4) can be used to treat the symptoms such as frozen shoulder, rheumatism, neuralgia and knuckles pain! It is suggested to apply hot compress for 15-30 minutes before use to achieve better effect.



# Select P6

#### Poor blood circulation

#### Suggested pad location: Quchi and Quepen

Enhance vital energy and blood circulation, improve complexion and skin, adjust systemic vital energy and blood, and activate nerves in the chest and arms! It is suggested to take a batch for 15-30 minutes before sleep to achieve better effect.



# A fabulous procedure highly praised by millions of people

# Select P2 Relieve soreness

Suggested pad location: Jianjing and Guanyuanshu

The Low Frequency can provide the professional massage by simulating the real people to enhance vital energy and blood circulation, eliminate old wastes, and relieve soreness. With 15 levels of massage strength and LCD screen display, it is easy, convenient and clear.



# Select P8 Foot massage

#### Suggested pad location: Yongquan and Internal Yongquan

If you are easy to be fatigued and tired, it may be the sign of disease. Attach the Low Frequency pad on Yongquan (KID1) to improve your body fatigue, enhance vital energy and blood circulation and improve hands and feet coldness!



# Applicable to the whole family

#### Full-automatic circulation massage mode

Yika Low Frequency Therapy Device can stimulate 70 massage forms, with the functions of massage and rehabilitation etc. Seniors - massage, health care and rehabilitation Office workers - treat soreness A massage device, applicable to the whole family



Finger Pressing Simulate a massager's manipulation through applying figure pressing gradually. It covers greater massage area and provides longer lasting effects.



Kn ead in g Slowly knead and gently release, with precise strength control.



Tapping Rhythmical tapping specifically aids in stress relief.



Patting Lift the contour of muscles to achieve the effect of three-dimensional massage.

#### Vital energy and blood circulation







•The red notes of attaching locations in the diagram of acupuncture points therapy is provided for your reference.

#### Chest distress and scorching hot



•For the efficiency and applicable effects, please refer to the relevant books, medical literature or follow the doctor's instructions.

#### **Menopausal disorders**







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#### Dysmenorrhea and irregular menstruation







#### Gastrectasia







•The red notes of attaching locations in the diagram of acupuncture points therapy is provided for your reference.

#### Insomnia







•For the efficiency and applicable effects, please refer to the relevant 10 books, medical literature or follow the doctor's instructions.

# Stiff neck







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#### Lumbar sprain and soreness of waist









### **Calf cramps**







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#### Diarrhea







•For the efficiency and applicable effects, please refer to the relevant 14 books, medical literature or follow the doctor's instructions.

#### Stomachache







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#### Stiffness and soreness for phubbing







#### Stiff and frozen shoulder







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•The red notes of attaching locations in the diagram of acupuncture points therapy is provided for your reference.

#### soreness in the waist and back and sciatica



•For the efficiency and applicable effects, please refer to the relevant 18 books, medical literature or follow the doctor's instructions.

#### Ache in the back







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# Abdominal pain







#### Hangover



#### Palpitation



### Cramp

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 The red notes of attaching locations in the diagram of acupuncture points therapy is provided for your reference.

#### Carsickness



#### **Relieve fatigue**



#### Keen pain



•For the efficiency and applicable effects, please refer to the relevant 22 books, medical literature or follow the doctor's instructions.









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